

Queen of Heaven



*Catholic Committee for Girl Scouts, Camp Fire and
Junior Catholic Daughters, Diocese of Dallas, Texas*

Queen of Heaven

THE RECOGNITION

The Catholic Committee for Girl Scouts, Camp Fire and Junior Catholic Daughters of the Diocese of Dallas, Texas presents the Queen of Heaven (Regina Caeli) medal to Catholic girls who show their love of Mary through the completion of this program and in the practice of their faith.

PURPOSE

The purpose of the program is to focus a girl's attention on the life of the Blessed Virgin Mary as a model for Christian life. Emphasis is placed on Bible references and traditional teachings about her life.

WHO IS ELIGIBLE?

Catholic girls 10, 11, or 12 years of age, who are registered members of the three named organizations are eligible to participate in this recognition program.

HISTORY OF PROGRAM

This program has existed for many years. It was rewritten in 1999. Cadette Girl Scouts Katherine Bona, Jacquie Kutscher and Mara Walther created this handbook and leader supplement material. They also counseled the first group participants as their Girl Scout Silver Award project.

Special thanks go to the girls and leaders of St. Monica and St. Rita parishes for their comments and ideas while working through the new program.

AID FOR COMPLETING PROGRAM

While this program may be completed by an individual working alone, the Committee suggests that parishes organize the girls to work together as a group. This is a prayerful program, and a group setting can emphasize community prayer while the girls learn from each other. Everyone learns to pray with practice. This program stresses traditional, historic practices of the Church with the hope that the girl will develop a spontaneous prayer life as she grows.

Meanwhile the child grew to maturity, and he was filled with wisdom; and God's favor was with him. Lk 2:40.

SUPPLEMENT MATERIAL

Leader supplement material is available from your parish representative.

Your parish representative is

UPON COMPLETION

Please complete the application and evaluation in the back of this book. Turn in your completed workbook, along with the fee, to your parish representative, no later than December 1. The graded workbook will be returned to you. Your leader will contact you about the medal presentation ceremony.

First printing, February 2000

Queen of Heaven Project Book

On my honor I will do my best on this project.

Name _____

Address _____ Phone (____) _____

City _____ State _____ Zip _____

Age _____ Parish _____

1. Attend either Catholic school or the religious training program provided for you. Include a note from your parent or adult advisor stating that you attend regularly.

My child, _____, regularly attends

_____ Catholic school.

-OR-

My child, _____, regularly attends

_____ Catholic religious education program.

I agree my daughter may work on this project, and I will gladly support her on this.

Parent's signature _____

Printed name _____

Date: _____

2. Define prayer. Give four reasons why we pray.

Prayer:

Reasons why we pray:

1.

2.

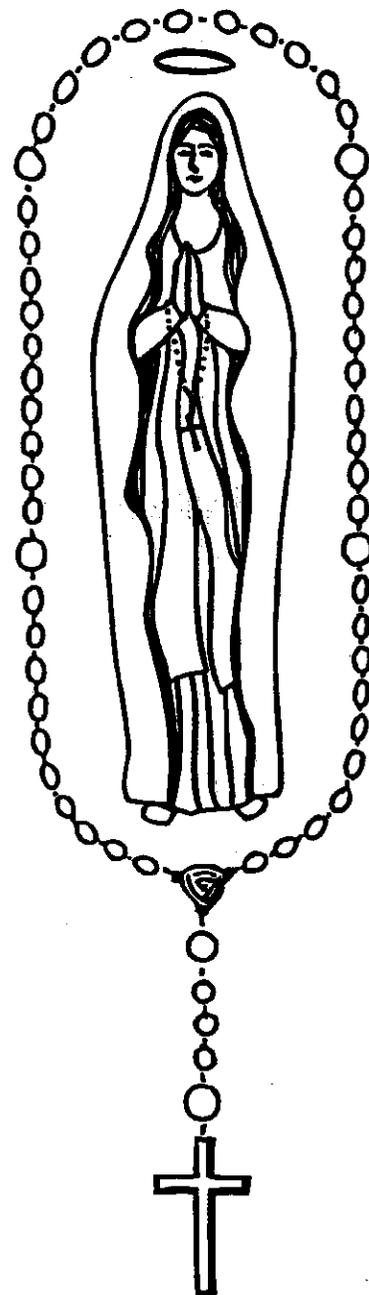
3.

4.

3. Why do we pray to Mary?

4. Repeat from memory the prayers of the Rosary.
Pray the Rosary with your group.

Write the names of the prayers you learned here.



Leader's initials _____

5. Choose five Mysteries of the Rosary and find the Bible references to the origin of the Mystery. What qualities of life do these Mysteries suggest to you? Meditate on these qualities when you pray the Rosary.

Mysteries, Bible references and qualities of life:

1.



2.

3.

4.

5.

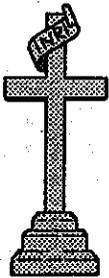
6. Learn three songs about Mary. Discuss their meaning with your group. Write the titles of the songs and their meaning here.

7. Plan and participate in a prayer service with your group. Include Bible readings, songs and prayers about Mary. Describe your prayer service here.

Leader's initials _____



8. Why do we use symbols in our churches? How many different symbols can you find in your church? Which symbols are associated with Mary? Make two lists here.



9. **Make a religious article. Include at least one symbol of Mary. Choose something different than you have made before. Describe the article you made. Draw the symbol.**



10. The Church celebrates special feast days honoring Mary. Find the references and describe the meaning of these special days.

January 1, Mother of God- Galatians 4:4-7

February 2, Presentation of the Lord- Luke 2:22-38

February 11, Our Lady of Lourdes- John 2:1-11

March 25, Annunciation- Luke 1:26-38

May 31, Visitation- Luke 1:39-56

July 16, Our Lady of Mt. Carmel-Zechariah 2:14-17

August 5, Dedication of St. Mary Major-Revelation 21:1-5

August 15, Assumption- Catechism 966, 974

August 22, Queenship of Mary- Revelation 12:1

September 8, Birth of Mary- Catechism 508

September 15, Our Lady of Sorrows- John 19:25-27

October 7, Our Lady of the Rosary- Acts 1:12-14

December 8, Immaculate Conception- Catechism 491

December 12, Our Lady of Guadalupe- Luke 11:27-28

December 25, Birth of our Lord- Luke 2:1-20



11. Find out how your parish honors Mary. Attend at least one of the special feast days honoring Mary with your family. Describe what it was, and what it was like.

The Mass I went to was on _____

at _____

Description:



Parent's initials _____

14. Write a thank you note to an adult who helped you complete this program.

I wrote my thank you note to _____,

because _____

15. Decorate your workbook cover.

How does it symbolize Mary?

Mysteries of the Rosary

The Joyful Mysteries

1. The Annunciation (March 25) *Luke 1:26-38*. Humility.
The angel Gabriel appears to Mary, "Hail, full of grace" announcing she is to be the Mother of God.
2. The Visitation (May 31) *Luke 1:39-56*. Charity.
Elizabeth greets Mary: "Blessed art Thou among women and blessed is the fruit of Thy womb!"
3. The Nativity (December 25) *Luke 2:1-20*. Poverty.
The Virgin Mary gives birth to the Redeemer of the world.
4. The Presentation (February 2) *Luke 2:22-40*. Obedience.
Mary and Joseph present Jesus in the Temple.
5. The Finding in the Temple (Feast of the Holy Family) *Luke 2:41-52*. Piety.
The Blessed Mother finds Jesus in the Temple.

The Sorrowful Mysteries

1. Agony in the Garden (Holy Thursday) *Luke 22:41-43*. Contrition.
At Gethsemane Jesus prays as He contemplates the sins of the world.
2. The Scourging at the Pillar (Corpus Christi) *John 19:1*. Purity.
Jesus is cruelly scourged until His mortified body could bear no more.
3. Crowning with Thorns (Christ the King) *Matthew 27:27-29*. Courage.
A crown of thorns is placed on Jesus's head in mockery.
4. Carrying of the Cross (September 15) *John 19:17; Mark 15:21*. Patience.
Jesus carries the heavy cross upon his shoulders to Calvary.
5. The Crucifixion (Good Friday) *Mark 15:25; Galatians 2:19*. Self-denial.
Jesus is nailed to the cross and dies after three hours of agony.

Luminous Mysteries

1. The Baptism of Jesus in the River Jordan *Matthew 3:17* Sacrament of Baptism.
Jesus is baptized by John in the Jordan River.
2. The Wedding Feast at Cana. *John 2:1-2* Fidelity.
Jesus performs his first public miracle at his mother's request.
3. The Proclamation of the Kingdom of God. *Mark 2:3-12* Desire for Holiness.
Jesus announces the coming of the Kingdom and forgives sins.
4. The Transfiguration of Jesus *Matthew 17:1-9* Spiritual Courage.
Jesus is transfigured, dazzling white, on Mount Tabor.
5. The Institution of the Eucharist *1 Corinthians 11:23-29* Love of Our Eucharistic Lord.
At the Last Supper, Christ changes bread and wine into his body and blood.

The Glorious Mysteries

1. The Resurrection (Easter) *Matthew 28:1-7*. Faith.
Jesus rises from the dead, three days after his death.
2. The Ascension *Acts 1:7-11*. Hope.
Jesus ascends into heaven forty days after the Resurrection.
3. The Descent of the Holy Spirit (Pentecost) *Acts 2:1-4*. Love.
The Holy Spirit descends upon Mary and the Apostles.
4. The Assumption (August 15) *Luke 1:46-48; Catechism 966*. Eternal happiness.
The Blessed Mother is united body and soul with her Son in heaven.
5. The Coronation of the Blessed Virgin (August 22) *Revelation 12:1*. Devotion to Mary.
Mary is gloriously crowned Queen of heaven and earth by her Son.

Prayers of the Rosary

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilot, was crucified, died and was buried. He descended into hell; on the third day He rose again from the dead. He ascended into heaven, and is seated at the right hand of God the Father Almighty. From thence He shall come to judge the living and the dead.

R. I believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. R. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

R. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit;

R. as it was in the beginning, is now and ever shall be, world without end. Amen.

O My Jesus (Fatima Prayer)

All. O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those who have most need of Thy mercy. Amen.

Hail, Holy Queen

All. Hail, Holy Queen, Mother of Mercy! Our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious Advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ. Amen.

Invocation

All. O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life, grant we beseech Thee, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise; through the same Christ our Lord. Amen.

Queen of Heaven Evaluation

Participant evaluation:

1. *What did you enjoy most?*
2. *Describe how this project helped in your spiritual growth.*
3. *What would you suggest be different?*

Parent evaluation:

1. *What did you enjoy most?*
2. *Describe how this project helped your daughter's spiritual growth.*
3. *What would you suggest be different?*