

Prayer of Self Offering ~ St. Ignatius of Loyola

Take, O Lord, and receive my entire liberty, my memory, my understanding and my whole will. All that I am and all that I possess You have given me: I surrender it all to You to be disposed of according to Your will. Give me only Your love and Your grace; with these I will be rich enough, and will desire nothing more.

Prayer of St. Ambrose (Before Mass)

Lord Jesus Christ,
I approach your banquet table in fear and trembling,
for I am a sinner,
and dare not rely on my own worth,
but only on your goodness and mercy.
I am defiled by many sins in body and soul,
and by my unguarded thoughts and words.
Gracious God of majesty and awe,
I seek your protection,
I look for your healing.
Poor troubled sinner that I am,
I appeal to you, the fountain of all mercy.
I cannot bear your judgment,
but I trust in your salvation.
Lord, I show my wounds to you and uncover my shame before
you.
I know my sins are many and great,
and they fill me with fear,
but I hope in your mercies,
for they cannot be numbered.
Lord Jesus Christ, eternal king, God and man,
crucified for mankind,
look upon me with mercy and hear my prayer,
for I trust in you.
Have mercy on me,
full of sorrow and sin,

for the depth of your compassion never ends.
Praise to you, saving sacrifice, offered on the wood of the cross
for me and for all mankind.

Praise to the noble and precious blood,
flowing from the wounds of the my crucified Lord Jesus Christ
and washing away the sins of the whole world.

Remember, Lord your creature,
whom you have redeemed with your blood;
I repent my sins,
and I long to put right what I have done. Merciful Father, take
away all my offenses and sins;
purify me in body and soul,
and make me worthy to taste the holy of holies.

May your body and blood,
which I intend to receive, although I am unworthy,
be for me the remission of my sins,
the washing away of my guilt,
the end of my evil thoughts,
and the rebirth of my better instincts.
May it incite me to do the works pleasing to you and profitable
to my health in body and soul,
and be a firm defense against the wiles of my enemies. Amen.



P *Prayer of St. Alphonsus Mary de Liguori before the Blessed Sacrament*

**My Lord Jesus Christ,
who for the love Thou bearest mankind,
dost remain night and day in this Sacrament,
all full of tenderness and love, expecting,
inviting and receiving all those who come to visit Thee;
I believe that Thou art present in the Sacrament of the altar;
I adore Thee from the depths of my own nothingness
and thank Thee for all the favours Thou hast bestowed upon
me;
and especially for having given me Thyself in this Sacrament,
and Thy most holy Mother Mary as my advocate;
and for having called me to visit Thee in this church.**

**I pay my homage this day to Thy most loving Heart
and this I intend to do for three intentions:
first, in thanksgiving for this great gift;
secondly, in reparation for all the insults
Thou hast received from Thine enemies in this Sacrament;
thirdly, by this visit I intend to adore Thee
in all places upon the earth,
where Thou art least adored and most neglected in Thy
Sacrament.**

**My Jesus, I love Thee with my whole heart.
I repent of having in the past so many times
displeased Thine infinite goodness.
I purpose with the help of Thy grace
never more to offend Thee in the future;
and at this moment, wretched as I am,
I consecrate myself wholly to Thee.
I give to Thee and utterly renounce my entire will,
all my affections,
all my desires,**

and all that I possess.

From this day forth do with me
and with all that is mine
whatever is pleasing in Thy sight.
I ask and desire only Thy holy love,
final perseverance and the perfect fulfilment of Thy will.
I commend to Thee the souls in purgatory,
especially those who were most devoted
to this Blessed Sacrament and to Blessed Mary;
I commend to Thee in like manner all poor sinners.

Finally, my dear Saviour,
I unite all my affections with those of Thy most loving Heart,
and thus united I offer them to Thine eternal Father,
and I pray Him in Thy name graciously to accept
and answer them for love of Thee.

Amen.

T*he Divine Praises*
Blessed be God.
Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.