

In Faithful Love (IFL)

Sponsor Couple/Facilitator Process

In Faithful Love (IFL) is a parish-based marriage preparation process designed to support a Catholic understanding of marriage. It addresses the sanctity and permanence of married life and is used in conjunction with FOCCUS (Facilitating Open, Couple, Communication, Understanding and Study).

In Faithful Love (IFL) process

- Provides a guided formula to facilitate dialogue/discussion in areas or topics identified by the FOCCUS assessment tool.
- Employs a couple-to-couple approach that is personal and geared to the couple's unique needs.
- Allows engaged couples to explore identified areas or topics from a prospective of building and maintaining the sacredness, spirituality and values needed for a life-long marriage.
- Consists of four to five sessions of reflective exercises, couple sharing and discussion held in the home of a married couple trained to facilitate FOCCUS and *In Faithful Love (IFL)* processes.
- Sessions are scheduled at the convenience of sponsor couple / facilitator and engaged couple.

If you are interested in being trained to become a facilitator in the *In Faithful Love (IFL)* process, please contact your priest, deacon, pastoral administrator, or marriage coordinator at your local parish.